



The wheel of the year



IMBOLC - 1st FEBRUARY

Goddess: Bridie, Brigit, Lucia, Brighid as Maiden

Direction: North-east

Element: Air-fire-water

Colours: White, lilac

Plants: Snowdrops, primrose

Magic Animals: Swan, white snake, white cow, wolf, deer

Magic Objects: Spindle, spinning wheel, chalice of the healing waters, swan feathers

Ritual Food: Sweet oat cakes, sheep milk, milk

Theme: Cleaning and healing with the holy flames and the holy water, opening of the heart, appearance of the new light, new life impulse for the waters after the winter-freeze

**SPRING EQUINOX - AROUND 21st MARCH**

Goddess: Artha, Artemis, Minerva, Eostre, Ostaria, Goddess of Dawn, the independent huntress, Goddess of Fire

Direction: East

Element: Fire

Colours: Green, gold

Plants: Daffodils, violets, catkins

Magic Animals: She-bear, hen, hare, cat, owl

Magic Objects: Bow and Arrow, spear, magic wand

Ritual Food: Red egg, bakery in the shape of bunnies, sprouts, round white breads as symbols of the spring full moon, garlic leaves soup

Theme: Focusing on your own power, activation of positive aggression, wild dances, colouring eggs with red - give them away - break them symbolically, fixing bundles of nine plants decorated with ribbons of the five elements in garden or home, light holy fire and jump over it

MAY-FESTIVAL – BELTAINÉ - 30th APRIL

Goddess: Rhiannon, Blodeuwedd, Aphrodite, Venus, Goddess of Erotic Love

Direction: South-East

Element: Fire-water

Colours: Red

Plants: Red and pink rose, fresh green twigs from birch or beach, lilac, apple blossoms

Power Animals: White mare, horse, white dove

Magic Objects: Mirror, comb, shells

Ritual Food: May-bowl, drinks of woodruff, hot and sweet Indian dishes, sweets and bakery in the shape of the yoni

Theme: Sacred Union with your sexual partner, with the Goddess, with the Earth, celebrating eroticism and sensuality, belly dancing, dance around the “may-tree” – the sacred phallus

SUMMER SOLSTICE – AROUND 21st of JUNE

Goddess: Domnu, Sulis, Sedna, Mother of Oceans, Queen of the Abyss, Lady of the Lake, Lady of the Rivers and Hot Springs

Direction: South

Element: Water & sun

Colours: Water-blue with gold, turquoise

Plants: Summer flowers, water plants, grasses, elder tree flowers, St. John's wort, oak leaves

Power Animals: Dolphin, whale, sea otter, seal, salmon

Magic Objects: The overflowing “chalice of love”, sea shells

Ritual Food: Elderberry juice or wine, elderflower pancakes, herbal soups, strawberries, cream cheese

Theme: Pregnancy of the Goddess with the fruits of earth and waters, diving into the body of the Mother of Ocean and Lakes, thanking for the clearness of our water, blessing the Sun at the turning point, solstice fires, climax of the power of light

**CORNFEAST/LIGHTFEAST – 1st AUGUST – LAMMAS/LUGHNASAD**

Goddess: Ker, Grainne, Corn Mother, Fruitful Mother, Demeter, Madron, Mother Goddess

Direction: Southwest

Element: Earth-Light

Colours: Golden yellow, different yellows

Plants: Ears of corn, corn flowers, poppy, golden camomile, sunflower, marigold

Power Animals: Cow, sheep, goat, roebuck

Magic Objects: Shuttle, loom

Ritual Food: Summer berries, oatcakes, Lammas-breads

Theme: Journeying from the Fruitful Mother to the Cosmic Mother, birth out of the womb of the Arch Mother, celebrating of abundance, nourishment, warmth and security, start of harvest, “heart song”

AUTUMN EQUINOX – HARVEST FESTIVAL – around 21st SEPTEMBER – MABON

Goddess: Gaia, Banbha, Earth Mother

Direction: West

Element: Earth

Colours: Brown, orange, olive-green

Plants: Leaves of vine and oak, nuts, sage, apples

Power Animals: Badger, fox, boar, toad

Magic Objects: Stones, crystals, spheres, sand, earth

Ritual Food: Cider, grapes, potato soup

Theme: Thanking the Mother Goddess for the harvest and all fruits of the year, honouring of stones, crystals and the fruits of the earth, “stamping-drumming-earthing,” Earth as an element and all Her solid structures

FESTIVAL OF ANCESTORS – 31st OCTOBER – SAMHAIN

Goddess: Keridwen, Kali, Hekate, Cailleach, „Frau Holle“, Underworld Goddess, Hel Sheila-na-Gig

Direction: Northwest

Element: Earth-water

Colours: Black, violet

Plants: Ivy, pumpkin, chestnuts, walnut, rose hip, yew

Power Animals: Raven, crow, toad, swine, dog, snake

Magic Objects: Cauldron of Rebirth, scissors, loom, sickle

Ritual Food: Hokkaido pumpkin soup, pumpkin seeds, red wine, apples

Theme: Visionary journey to Keridwens Cauldron in the Underworld, honouring of the ancestors, striking the balance, letting go, cleaning, integrating of your shadow, ritual death, transformation, preparing “seeds for the next year”, “moon-new-year”



WINTERSOLSTICE - around 21st DECEMBER – “MOTHER-NIGHT”

Goddess: Danu, Arianrhod, “Percht”, “Frau Holle”, Mother of Stars, the Wise Hag, Snow Queen

Direction: North

Element: Air-light

Colours: Silver, dark blue

Plants: Holly, mistletoes, and all other evergreen plants

Power Animals: Eagle, owl, buzzard, robin, wren, white stag

Magic Objects: Feathers, fans, sword, sceptre, white crystals, gold, silver

Ritual Food: Barley & beans stew (acc. to the continental Celtic tradition pulse must not be eaten in the twelve holy nights), hot spiced wine, mead

Theme: Breath, fresh crystal clear air, the Breath of the Goddess, the birth of the Light and the Sun Child in us, sharing of the new spark of light with all beings, silence of the endless space filled with expectance, “sun-new-year”